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Good Life Tampa Bay Savors Fine Dining at The Capital Grille

*Always in pursuit of elegance and taste, **Good Life Tampa Bay** TV Show visited The Capital Grille to savor their famous dry aged steaks and sample from their custom wine tower.*

February 3, 2010, Tampa, Florida - [Good Life Tampa Bay](#), Tampa Bay's premier lifestyle TV show that reports on local flavor from the fast-growing Tampa Bay market, had a chance to experience an evening of exceptional cuisine and totally relaxed elegance at The Capital Grille restaurant at International Plaza in Tampa. This is one restaurant that takes the fine dining experience to another level. It all starts with a beautiful decor of rich African mahogany paneling and warm lighting from one-of-a-kind deco chandeliers. It is this warmth that sets the tone for an elegant evening of superb cuisine.

Having a before-dinner cocktail at their massive and sophisticated bar is an absolute must. The area is always lively and provides a very social atmosphere as you enjoy impeccable service. After drinks, get ready for an impressive menu of nationally renowned dry aged steaks and the freshest of seafood that will ignite your culinary imagination. Their impressive 5,000 bottle wine inventory is housed in an impressive two-story wine cellar. Couple this with gracious and knowledgeable servers who have an uncanny ability to anticipate any and every need, and you'll understand why The Capital Grille has the reputation it does.

From lobster bisque to merlot to steak and crab to homemade cheesecake, Good Life Tampa Bay's own "H" John Mejia will tell you, if you want a cultivated experience, The Capital Grille can accommodate.

Whether it be a nice lunch, an intimate dinner or a grand soiree in one of their private dining rooms, The Capital Grille consistently delivers on a first class experience. Visit their website at: www.thecapitalgrille.com and call for reservations at 813-830-9433. They are located at International Plaza at Bay Street and their address is: 2223 North West Shore Blvd- Tampa, Florida 33607.

[Good Life Tampa Bay](#) will continue to bring you the latest on fresh spots that tantalize and satisfy your senses.

About Good Life Tampa Bay:

Good Life Tampa Bay is Tampa Bay's premier lifestyle show that brings you the people, places and events that are setting the lifestyle trends in the fast-growing Tampa Bay area. Produced and hosted by [InTheZoneTV](#)'s "H" John Mejia, "H"'s TV production experience started back in 1992 as an on-air sports reporter for the TV show "Cincinnati on The Go". "H" also created, produced and hosted the "Playboy



Golf" show on Fox Sports Net and "Living the Good Life" on CN8 Comcast, which won three Accolade Awards in 2008. During his career "H" has reported from the red carpet, at celebrity events, on travel shows and high profile corporate events. He has had the privilege to interview and feature many well-known celebrities and professional athletes, such as:

- Hollywood Stars Ashton Kutcher, Demi Moore, Mark Wahlberg
- American Idol Winner, Jordin Sparks
- NFL Hall of Fame players Marcus Allen, Lawrence Taylor, Warren Moon and Eric Dickerson
- John O'Hurley from Seinfeld
- Emmy winner Jeremy Piven and Emmy nominated Kevin Dillon from Entourage
- N Sync member and TV Host, Joey Fatone
- Pop culture icon, Hugh Hefner
- The Girls Next Door: Kendra Wilkinson, Holly Madison and Bridget Marquardt
- Music Producer/Artist & Entrepreneur, Sean "P" Diddy Combs
- Real Estate Developer & Billionaire, Donald Trump
- Former Governor Jeb Bush
- Former General Norman Schwarzkopf

Check out the Tampa Bay show that is tracking down the hottest tips and coolest finds at www.GoodLifeTampaBay.com or see it on TV on Brighthouse Channel 17 (the ION –TV station) in the Tampa Bay area.

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