

Media Contact;
Karla Jo Helms
JoTo Extreme PR
kj@jotopr.com

***Good Life Tampa Bay* TV Show Brings You the Hottest Area Nightlife**

Good Life Tampa Bay TV Show features fine cuisine and upscale entertainment from Tampa Bay's finest venues.

February 24, 2010, Tampa, Florida – Those living in Tampa Bay do so for its unique style and flavor. [Good Life Tampa Bay](#), Tampa Bay's premier lifestyle show that reports on local flavor from the fast-growing Tampa Bay market, finds area restaurants and locales that feature what this great city has to offer.

Fine dining may be more traditional or more international, but the bottom line is quality. The Capital Grille has an American menu with handcrafted excellence, from their dry aged steaks to their homemade desserts. For more Italian charm, you'll turn to the Donatello restaurant. Their strong tradition and ambience make one wonder whether they are in an old European villa after all.

[Good Life Tampa Bay](#) also knows that after fine dining, one needs an outlet for those calories. Dancing with a Latin twist can be found at Mirage, which features salsa, meringue, Bachata and reggaeton along with hip hop.

[Good Life Tampa Bay](#) host "H" John Mejia visited each of these venues and can attest they are each an experience you don't want to miss.

About Good Life Tampa Bay:

Good Life Tampa Bay is Tampa Bay's premier lifestyle show that brings you the people, places and events that are setting the lifestyle trends in the fast-growing Tampa Bay area. Produced and hosted by [InTheZoneTV](#)'s "H" John Mejia, "H"'s TV production experience started back in 1992 as an on-air sports reporter for the TV show "Cincinnati on The Go". "H" also created, produced and hosted the "Playboy Golf" show on Fox Sports Net and "Living the Good Life" on CN8 Comcast, which won three Accolade Awards in 2008. During his career "H" has reported from the red carpet, at celebrity events, on travel shows and high profile corporate events. He has had the privilege to interview and feature many well-known celebrities and professional athletes, such as:

- Hollywood Stars Ashton Kutcher, Demi Moore, Mark Wahlberg
- American Idol Winner, Jordin Sparks



- NFL Hall of Fame players Marcus Allen, Lawrence Taylor, Warren Moon and Eric Dickerson
- John O’Hurley from Seinfeld
- Emmy winner Jeremy Piven and Emmy nominated Kevin Dillon from Entourage
- N Sync member and TV Host, Joey Fatone
- Pop culture icon, Hugh Hefner
- The Girls Next Door: Kendra Wilkinson, Holly Madison and Bridget Marquardt
- Music Producer/Artist & Entrepreneur, Sean "P" Diddy Combs
- Real Estate Developer & Billionaire, Donald Trump
- Former Governor Jeb Bush
- Former General Norman Schwarzkopf

Check out the Tampa Bay show that is tracking down the hottest tips and coolest finds at www.GoodLifeTampaBay.com or see it on TV on Brighthouse Channel 17 (the ION –TV station) in the Tampa Bay area.

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